

**SOUTH COUNTY**  
**WOMEN'S RESOURCE GUIDE**

El Sur del Condado  
Guia de Recursos para Mujeres

**Fire/Police/EMERGENCY 911**

HOUSING/FOOD - Vivienda/Comida

Casa Esperanza	884-8481
Catholic Charities	965-7045
Community Kitchen	564-0093
Dept. of Social Services & Food Stamps	681-4401
Domestic Violence Solutions	964-5245
Foodbank	967-5741
Food from the Heart	898-3981
Noah's Anchorage	963-8775
Salvation Army	962-6281
SB Rescue Mission	966-1316
Transition House Family Shelter	966-9668
Unity Shoppe	965-4122
Community Action Commission (CAC)	692-4979

ALCOHOL/DRUGS -Drogas

SB Rescue Mission	966-1316
Alano Club	962-5013
Alcoholics Anonymous	962-3332
Casa Serena	966-1260
Council Alcoholism/Drug Abuse	963-1433
Drop-in Center	962-6195
Full Spectrum Recovery	966-5100
Project Recovery	564-6057
Narcotics Anonymous	569-1288
Zona Seca (Bilingual)	963-8961

MEDICAL/HEALTH - Medico

Breast Cancer-Early Detection	681-4783
Comprehensive - Prenatal Services	681-5488
Lamaze Childbirth Educators	563-2118
PathPoint - Mental Health Services	963-1086
Prenatal Plus	685-9525
SB Health Care Clinic	681-5488
Westside Neighborhood Clinic	963-1546
Planned Parenthood	963-5801
Eastside Clinic	963-1641
Sarah House	563-9990
Visitng Nurse & Hospice Care	965-5555

WOMEN'S ADVOCACY GROUPS-Grupo de Apoyo para Mujeres

American Association of University Women (AAUW)	962-7961
Women's Center	893-3778
Women's Economic Ventues	965-6073

**County of Santa Barbara**  
**Commission For Women**  
**105 E. Anapamu Street, Rm. 104**  
**Santa Barbara, CA 93101**  
**805-568-3410**  
**[www.countyofsb.org/cfw](http://www.countyofsb.org/cfw)**  
(as of 3/2013)

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**SENIOR SERVICES-Servicios para Personas Mayores**

Area Agency on Aging 925-9554  
Alliance for Living and Dying Well 845-5314  
Center for Successful Aging 963-8080

**EMPLOYMENT-Empleo**

Employment Development Dept - Workforce Resource 568-1280  
Veterans Employment-Services 568-1289

**PSYCHIATRIC/COUNSELING-Psiquiatrico/Conserjeria**

Cares & Access (18+) 888-868-1649  
Child Abuse Listening Mediation (CALM) 965-2376  
Hospice 563-8820  
New Beginnings 963-7777  
Pacific Pride (LGB&T) 963-3636  
SB Rape Crisis Center 963-6832  
24 Hr Hotline 564-3696  
Santa Barbara Cottage Hospital  
Adult Psychiatric Program 569-8339  
Veteran's Services Office 681-4500  
Safe Alternative For Treating Youth up to age 21 (SAFTY) 888-334-2777

**TEMPORARY HOUSING-Vivienda Temporal**

Bethel House 966-1316  
St. Vincent's 683-6381  
Transition House 966-9668

**EDUCATION/SUPPORT SERVICES-Servicios de Apoyo Educativo**

CalWORKS 681-4401  
La Casa De La Raza 965-8581  
Medical Network 967-9096  
Family Resource Center-Carp 566-1600  
Santa Barbara City College 965-0581  
SBCC continuing Education 687-0812  
Villa Majella Maternity Home 683-2838  
PathPoint 961-9200

**CHILD CARE-Cuidado de Ninos**

Santa Barbara Family Care Ctr 963-6631  
Storyteller Children's Center 682-9585  
Community Action Commission - HeadStart 964-2347  
First 5 884-8085

**LEGAL**

Legal Aid 963-6754  
Court Appointed Special Advocates (CASA) 845-8364

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