

## Trauma and Grief Therapy Directory for Santa Barbara Mudslide & Fire Survivors and Families

Thank you to the following agencies for being front and center in serving the immediate needs of the community in the aftermath of the fire and mudslide

**The American Red Cross:** Offering disaster mental health services  
[www.redcross.org/volunteer](http://www.redcross.org/volunteer) (800)REDCROSS or (805) 687-1331

**Hospice of Santa Barbara:** Offering grief therapy for all ages  
[www.hospiceofsantabarbara.org](http://www.hospiceofsantabarbara.org) (805) 563-8820

**Santa Barbara Response Network:** Offering psychological first aid (PSA)  
[www.sbresponsenetwork.org](http://www.sbresponsenetwork.org) (805) 699-5608

**These Santa Barbara therapists are offering up to six FREE trauma & grief therapy sessions offered until May 2018**

**AHA! Grief and trauma therapy for fire/mudslide survivors and their families (up to six sessions free)**  
[www.ahasb.org](http://www.ahasb.org)

**Questions:** Contact Roxanna Petty Administrative Manager and Bilingual Parent Contact (805) 770-7200 x. 5  
[Roxana@ahasb.org](mailto:Roxana@ahasb.org)

**Licensed Therapists working with AHA! who will offer up to 6 free trauma and grief therapy:**

- All do EMDR
- All work with clients of all ages

**Sabrina Geshay, LMFT**  
[www.linkedin.com/in/sabrina-geshay-7296355/](http://www.linkedin.com/in/sabrina-geshay-7296355/) (805) 705-1656

**Michelle LeBeau, LCSW**  
[www.linkedin.com/in/michelle-lebeau-b4500777/](http://www.linkedin.com/in/michelle-lebeau-b4500777/) [michelletlebeau@gmail.com](mailto:michelletlebeau@gmail.com) (805) 708-8105

**Caitlin Slutsky, LMFT**  
[www.psychologytoday.com/us/therapists/caitlin-y-slutzky-santa-barbara-ca/115772](http://www.psychologytoday.com/us/therapists/caitlin-y-slutzky-santa-barbara-ca/115772) (805) 705-1924

**Laurel O'Connor, LMFT Intern**  
[www.heartcenteredsb.com/](http://www.heartcenteredsb.com/) (805) 699-5028

**Trainee's with AHA!** Call (805) 770-7200 x.5 to be referred to a MFT trainee

**Alia Aizenstat, MFT trainee**  
**Claire Blakey, MFT Intern**  
**Julian Henderson, MFT trainee**  
**Donnie Hedden, MFT trainee**

**Private Practice Therapists of Santa Barbara offering up to six sessions of free grief and trauma therapy to fire/mudslide survivors**

(This list will grow as we hear from more therapists in the community)

**Jackie Beraldo, LMFT**  
[www.psychologytoday.com/us/therapists/jacqueline-beraldo-santa-barbara-ca/111537](http://www.psychologytoday.com/us/therapists/jacqueline-beraldo-santa-barbara-ca/111537)  
(916) 247-0660, EMDR

**Angela Coady, MFT**  
[www.santabarbaratherapy.org/Sys/PublicProfile/30155964](http://www.santabarbaratherapy.org/Sys/PublicProfile/30155964) (805) 452-4638

**Christina Donaldson, PhD**  
[www.linkedin.com/in/christina-donaldson-764903101/](http://www.linkedin.com/in/christina-donaldson-764903101/) (805) 657-0847

**Diana Ferrari, LMFT**  
[www.linkedin.com/in/diana-m-ferrari-b7302a61](http://www.linkedin.com/in/diana-m-ferrari-b7302a61) (805) 965-6830

**Bobby Kornhandler, MFT**  
[www.bobbykornhandler.com/](http://www.bobbykornhandler.com/) (805) 451-5349 or (805) 699-1011

**Rudi Lion, LMFT**  
[www.rudilion.com/](http://www.rudilion.com/) (805) 453-4826

**Linda Menendez, LCSW**  
[www.lindamenesez.com](http://www.lindamenesez.com) (805) 569-0264

**Judith Rubenstien, LMFT**  
[www.psychologytoday.com/us/therapists/judith-rubenstein-santa-barbara-ca/105104](http://www.psychologytoday.com/us/therapists/judith-rubenstein-santa-barbara-ca/105104)  
(805) 637-6850, EMDR

**Deborah Smilovitz Foster, Ph.D.**  
[www.drdeborahsmilovitzfoster.com](http://www.drdeborahsmilovitzfoster.com) (805) 637-5438

**Karen Tyrell, LMFT**  
[www.psychologytoday.com/us/therapists/karen-tyrrell-santa-barbara-ca/92699](http://www.psychologytoday.com/us/therapists/karen-tyrrell-santa-barbara-ca/92699) (805) 895-6022

**Elizabeth Wolfson, PhD, LCSW**  
[www.elizabethwolfson.net/](http://www.elizabethwolfson.net/) (805) 564-6642

**Family Therapy Institute of Santa Barbara:** Offering a free hour and a half Disaster Support and Assessment. The Family Therapy Institute is committed to helping victims of the recent fires and mudslides. We specialize in work with children, couples and families.

If you have been affected directly or indirectly by the recent disaster, therapists at the institute are offering free introductory sessions to provide support, encouragement and to assess your needs for further counseling assistance.

Please contact us through our intake at 882-2424 x. 115. [www.ftisb.org/](http://www.ftisb.org/)

Questions: Contact Nancy Villalobos Administrator and Bilingual Contact (805) 882-2424 x. 111; [nancy@ftisb.org](mailto:nancy@ftisb.org).

**Copied from the SBCPA DISASTER RESPONSE REFERRAL LIST**

LOCAL PSYCHOLOGISTS OFFERING FREE AND REDUCED-FEE SERVICES SBCPA Licensed Psychologists (alphabetical; note ages served):

**Betsy Bates Freed, Psy. D. (Adults):** Short-term therapy for \$25/hour; fee waived for those unable to pay  
[www.sbcpa.org/Sys/PublicProfile/8298221/1409860](http://www.sbcpa.org/Sys/PublicProfile/8298221/1409860) (805) 979-3440

**Gail Brenner, Ph.D. (Adults)** (805) 570-9765  
[www.GailBrenner.com](http://www.GailBrenner.com) [www.sbcpa.org/Sys/PublicProfile/8298254/1409860](http://www.sbcpa.org/Sys/PublicProfile/8298254/1409860) [gail@gailbrenner.com](mailto:gail@gailbrenner.com)

**Bonnie Brown, PsyD (Adults)** Fee reduced to \$85/hour  
[www.sbcpa.org/Sys/PublicProfile/11496946/1409860](http://www.sbcpa.org/Sys/PublicProfile/11496946/1409860) (805) 633-0602

**Melissa Jones Cantekin Ph. D. (Adolescents and adults):** No fee for those who cannot pay  
[www.sbcpa.org/Sys/PublicProfile/8298297/1409860](http://www.sbcpa.org/Sys/PublicProfile/8298297/1409860) (805) 965-9508

**Hallie D'Agsuma (Ages 11+)**  
[drhdagsuma@dagsuma.com](mailto:drhdagsuma@dagsuma.com) [www.sbcpa.org/Sys/PublicProfile/37103599/1409860](http://www.sbcpa.org/Sys/PublicProfile/37103599/1409860) (413) 551-9611

**Megan Donahue, PhD (Children, Teens, Young Adults, Families):** Three free sessions & negotiated fee thereafter  
[info@drmegandonahue.com](mailto:info@drmegandonahue.com) [www.sbcpa.org/Sys/PublicProfile/30597542/1409860](http://www.sbcpa.org/Sys/PublicProfile/30597542/1409860) (805) 886-8208

**Dr. Jennifer H Harris (Ages 3+ )::** Availability on the weekends and some evenings.  
[www.sbcpa.org/Sys/PublicProfile/24476127/1409860](http://www.sbcpa.org/Sys/PublicProfile/24476127/1409860) (805) 636-1681

**Diana Hill, PhD (Ages 16+)**  
[www.dradianahill.com](http://www.dradianahill.com) [www.sbcpa.org/Sys/PublicProfile/26541872/1409860](http://www.sbcpa.org/Sys/PublicProfile/26541872/1409860) (805) 669-8182

**Karen Lehman, PhD (All ages, including children, teens and parents):** \$25 reduced fee for short-term sessions, or free if unable to pay; insurance also accepted  
[dr.karen.lehman@gmail.com](mailto:dr.karen.lehman@gmail.com) [www.sbcpa.org/Sys/PublicProfile/8298267/1409860](http://www.sbcpa.org/Sys/PublicProfile/8298267/1409860)

**Jessica Liberman, Psy.D. (Adults)**  
[www.drjessicaliberman.com](http://www.drjessicaliberman.com) [www.sbcpa.org/Sys/PublicProfile/8298317/1409860](http://www.sbcpa.org/Sys/PublicProfile/8298317/1409860) (805) 453.3882

**Deborah C. Schiller, Ph.D. (Adults & Families)**  
[dcschiller@cox.net](mailto:dcschiller@cox.net) [www.sbcpa.org/Sys/PublicProfile/8298219/1409860](http://www.sbcpa.org/Sys/PublicProfile/8298219/1409860) (805) 284-8824

**Angela Vigna, Psy.D. (Ages 12+ ):** Specializes in Teens with history of dangerous behaviors  
[drangelavigna@centralcoastdbt.com](mailto:drangelavigna@centralcoastdbt.com) [www.sbcpa.org/Sys/PublicProfile/24673180/1409860](http://www.sbcpa.org/Sys/PublicProfile/24673180/1409860)  
(805) 858-8618

**Jordan Witt, PhD (Children over 5, teens, and adults):** Three free sessions  
[jw@jordanwittphd.com](mailto:jw@jordanwittphd.com) [www.jordanwittphd.com](http://www.jordanwittphd.com) [www.sbcpa.org/Sys/PublicProfile/8298315/1409860](http://www.sbcpa.org/Sys/PublicProfile/8298315/1409860)  
(805) 564-1763